# Serve our Willing Warriors (SOWW) 2025 Warrior Bike Ride Ham Radio Operations Plan

For Saturday, 6 September 2025

Version 09032025 V1.2

# Overview

- Team Participants
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- Rally Point & Times
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# **Participants**



Last <u>√</u>	First Nam 💌	Call Sign 💌
Cochran	Jack	WC4J
Costa	Frank	KO4FQW
Crandall	Bruce	KN4DX
Dezelick	John	WB8WTK
Dillon	Byron	AK4XR
Fournier Jr	Thomas	W4PIO
Gamponia	Andy	KJ4MTP
Gee	Scott	KR4BNF
Gresham	Greg	KM4CCG
Held	John	KK4TCE
Hiller	Jerry	KR4EZZ
Houppermans	Scott	KQ4EOL

# **Assignments**

					Time on	
Station	Courses <b></b>	Intersection	Name <u> </u>	Call Sign 🔼	Station <u></u>	Cell Phone 🔼
Romeo 1	13 - 30 - 60	Waterfall Rd & Mountain Rd	Dillon, Byron	AK4XR	7:15	(571) 239-7553
Romeo 2	13 - 60	Mountain Rd & Berkley Dr	Dezelick, John	WB8WTK	9:15	(703) 774-9756
Romeo 3	30 - 60 - G	Hopewell Rd & Bull Run Mnt Rd	Costa, Frank	KO4FQW	7:30	(540) 497-2575
Romeo 4	Gravel (G)	Bull Run Mnt Rd & Landmark School Rd	Stefanucci, Gene	KN4JMB	8:15	(703) 731-9568
Romeo 5	Gravel (G)	Landmark Rd & Bust Head Rd	Patton, Chris	W3CUM	8:30	(202) 417-0781
Romeo 6	30 - 60 - G	Bust Head Rd & Hopewell Rd	Martin, Duane	KK4BZ	7:45	(703) 401-2981
Romeo 7	30 - 60	Hopewell Rd & Loudon Rd	Mathews, Bruce	KN4TS	7:45	(703) 774-4816
Romeo 8	30 - 60	Main Str (55) & Fauquier Ave	Gresham, Greg	KM4CCG	7:45	(214) 336-4218
Romeo 8	30 - 60	Main Str (55) & Fauquier Ave	Fournier Jr, Thomas	W4PIO	7:45	(202) 487-0407
Romeo 9	30 - 60	Old Tavern Rd & Harrison Rd	Houppermans, Scott	KQ4EOL	8:00	(540) 446-8480
Romeo 10	30 - 60	Belvoir Rd & John Marshall Hwy (55)	Lane, David	KG4GIY	8:00	(703) 628-3868
Romeo 11	60	Zulla Rd & Rock Hill Mill Rd	Crandall, Bruce	KNG4DX	8:00	(703) 867-0716
Romeo 12	60	Zulla Rd & Rock Hill Mill Rd	Nagel, Patsy	W4SFT	8:30	(703) 963-4142
Romep 13	30	John Marshall Hwy & Bunker Hill Rd	Held, John	KK4TCE	8:00	(703) 346-6567
Romeo 14	30	Bunker Hill Rd & John Marshall Hwy (55)	Scott Larimer	KN4RPA	8:00	(540) 630-3196
Rest Stop: EVERGREEN-1	13 - 60	Berkley Dr & Delashmutt Dr (Evergreen)	Hiller, Jerry	KR4EZZ	9:15	(703) 297-5232
Rest Stop: TENNIS -1	60	Zulla Rd / Middleburg Tennis Center	Gee, Scott	KR4BNF	8:00	(703) 501-7947
Rest Stop: VOLUNTEER STATION-1	30 - 60	The Plains Volunteer Fire Company	Tarnovsky, Evelyn	K4GVT Assist	7:15	(703) 973-7759
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Net Control	Brewery	The Farm Brewery at Broad Run	Dianne Lane	KI4FVV	5:30	(703) 628-3195
Shadow	As Needed	The Farm Brewery at Broad Run	Andy Gamponia	KJ4MTP	5:00	(703) 786-4651
Mobile	As Needed	The Farm Brewery at Broad Run	Spaziano, Marc	N1BED	6:00	(703) 232-7185

# **Rally Point & Times**

Common health & safety planning - Your safety and the safety of all the volunteers and venue staff is our top priority.

- Stay home if you are sick or have been in contact with someone who is sick within the past 10 days.
- Practice proper health and hygiene methods for hand washing, hand sanitizing, sneezing, coughing, etc.
- You are welcome to wear a face covering if you want.
- Show up on time for your assigned start time.

The Location of the event is the Farm Brewery, 16015 John Marshall Hwy, Broad Run, VA 20137

Per a meeting with Police, no road cones/flares etc. may be ON THE ROAD TO IMPEDE TRAFFIC but may be placed off to the side and is permissible.

The Warrior Bike Ride will start as listed below. Because of the last-minute disapproval of the normal Loudon County roads, we will be riding through The Plains and up to Middleburg. The 60 mile course **INCLUDEs** going to the Evergreen Country Club (the 13 Mile Honor the Flag" route) to add that mileage to their course, so be sure to understand that the 60 mile riders and expected to take a last left from Waterfall Road on their return and go up Mountain Road to the Evergreen Country Club for a last turn-around before heading back to the brewery. Having said that, this is NOT a race and therefor not mandatory, so some may elect to come straight back!

Please be flexible, as two personnel have had to drop out for alternative reasons, and I may have to make some last minute reassignment.

Start times (Time on Station) are listed for everyone on the assignment table above. *Everyone is welcome to come by the Brewery to check-in and have some of the volunteer breakfast being served at 0600, however if you wish to proceed to your respective positions, you may go directly to your identified course location and check in via radio from there.* 

Additionally, when released from your position, come to the Brewery so that you can get lunch (food will be saved for field volunteer personnel), a warrior ale and your volunteer shirt (if you don't pick it up in the morning).

I will be at the Brewery as of 5:00 and helping Net Control to set up. We will have an initial Roll call at approximately 0700 and then we will have Radio Check-Ins for anyone who has a later start time as indicated in your respective assignments above.

#### **OUTLINE OF THE DAY AND KEY EVENTS:**

Twilight 6:16 am Sunrise 6:40 am

# Brewery – 2024 Event Timeline – Run of Show

We will still communicate the advertised start time of 7:30, 8:00, 9:00 and 10:05 for the routes to get the cyclists staged on time and ready to depart. The times in bold are the actual departure times for reference.

#### Brewery – 2025 Event Timeline Sunrise: 6:46am

5:00 Brewery Gate Unlocked; arrival of committee organizers

5:30 Arrival of set up volunteers

6:00 Parking Volunteers & Registration volunteers arrive, Breakfast set up (Micron)

6:30 Check In for metric route begins

6:30 Breakfast begins

6:45 Nam Knights leading Metric Route arrive and have pre ride brief

#### 7:00 PWC police arrive for check in at Net Control; Briefing by Andy/Frank/Sarah

7:15 MC to announce bikes to begin to line up for Metric Century Ride

7:25 Opening Ceremonies; National Anthem; Welcome by **Shirley D.**, **Amazon Leadership and Remarks**; Sarah brief riders of rules of road and safety phone numbers, send off riders

## 7:30 Metric riders depart from behind the arch

7:35 Call Gravel riders to the start 7:45 Provide rules of the road and safety briefing to Gravel riders;

#### 8:00 Gravel riders depart from behind the arch

8:35 MC to announce bikes to begin to line up for Half Metric Ride

8:45 Welcome by Sarah, Sarah to brief riders of rules of road and safety phone numbers; remarks by **BMRA** leadership **9:00** Half Metric Riders depart

9:30 MC to announce bikes to begin to line up for **13 Mile Honor the Flag Route** 9:45 Welcome by Sarah. Sarah to brief riders of rules of road and safety phone numbers. Introduction of Honorary Ride Marshall. Intro of **NPG Leadership and remarks**.

10:00 National Anthem

#### **10:05** 13 mile riders depart. Send off by NPG leadership.

11:00 Lunch begins by Mission BBQ, \*\*continues until all cyclists/volunteers are back at Farm Brewery \*\*

12:45 Ceremony begins: Recognition of The Farm Brewery, Committee, and volunteers

12:50 Presentation to Honorary Ride Marshal and Remarks

13:00 Check Presentation with NextPoint Group, Remarks, Photos

#### 14:00 All Riders must be off roads

14:30 Event Ends

## **REST STOP Timing**

## Rest Stop 1 The Inn at Evergreen 6.5 mile of 13 mile route and 40 mile of metric Route

9:30 Arrival for set up of hospitality service

10:00 Medical Aide Station and volunteers ready on site for food/drink

10:15 (estimated) First cyclists to arrive at rest stop from metric route

10:30 (estimated) First cyclists to arrive from 13 mile route

13:00 (estimated) Time for rest step to be cleared

#### **ALL RIDERS MUST CLEAR THIS STOP BY 13:15**

#### Rest Stop 2 The Plains Fire Station 9 mile of metric and half metric outbound

7:00 Arrival for drop off and set up of hospitality service 7:15 Transport EMT unit on scene; Volunteers ready for food/drink service.

8:00 (estimated) First cyclists to arrive at rest stop from metric route

9:30 (estimated) First cyclists to arrive at rest stop from 30 mile route

9:45 (estimated) First metric cyclists returning through at 32 mile of metric

10:00 (estimated) First ½ metric cyclists returning through at 16 mile of ½ metric

12:00 (estimated) Time for rest stop to be cleared

#### **ALL RIDERS MUST CLEAR THIS STOP BY 12:30**

#### Rest Stop 3 Middleburg Tennis Center 20 mile of metric 8:15 Arrival for drop off and setup of hospitality service

8:45 EMT unit and volunteers to be setup and ready

8:45 (estimated) First cyclists to arrive from Metric route

9:45 (estimated) Last cyclists to arrive from Metric route

10:30 (estimated) Time for rest stop to be closed

#### **ALL RIDERS MUST CLEAR THIS STOP BY 11:00**

# Gravel Route Pit Stop at mile 5 and 25 of Gravel Route (at corner of Hopewell Road and Bull Run Mountain Road/629)

8:15 Volunteers to be set up and ready

8:30 (estimated) First Gravel cyclists arrive

12:30 (estimated) Time for rest stop to be closed

Actual Time Cleared in 2024: 12:50pm

ALL RIDERS MUST CLEAR THE REST STOP BY 11:30 to make a second pass up the mountain (watch for the color of wrist bands/bid numbers to make sure the riders are gravel riders - metric and ½ metric riders will pass by you on Hopewell Road. Do not let them go up the mountain.

#### Mission

Our primary mission is eyes on the course to provide safety and communications from the course back to the Headquarters which is the Brewery.

We will be communicating via radio over the Bluemont Repeater and via cell phones as backup communications. **AGAIN** THIS YEAR, the W4OVH 2m repeater and the Bluemont repeater will be LINKED, thereby eliminating the dead zones in communications in the shadow of Bull Run Mountain (the east side) along Mountain Road.

There will be no road closures and the bicycle participants will be wearing color coded numbered BIBS with colors that denote the course they are on. Since this year, all three courses are designed at the last minute and we go through The Plains, please be careful and always remain aware of traffic. Our main purpose is to track riders for safety on the course and to ensure that the courses are clear at the end of the event. The bike courses are NOT TIMED. We will not be responsible to report or identify riders by position other than to maintain situational awareness of where the riders are on the course and when the course has been cleared. If you are identifying a rider for another position to keep an eye open for, you will need to identify via the bib number, jersey and shorts colors and male/female. As always, if someone stops to identify themselves to you for assistance, we do not use names over the airways.

As in past years, we will have an organization called the Nam Knights motorcycle riders who will be riding as lead and tail-end riders for each different course plus generally accompanying the three course riders. Note that the Nam Knights will NOT have any communications or route clearing responsibility. You may find that a Nam Knight may stop at a position to have you relay some information back to Net Control or otherwise report some situation or incident that they have observed in which case you act on the information provided. If the Nam Knights maintain a tail-end position and no stragglers fall behind the motorcycle escort, then you should be able to identify when a given bike course has cleared THE MAIN body of riders, but this is not an absolute indicator that the course is clear of all riders.

Ride Marshalls Update: We have a dedicated motorcyclist Ride Marshall for the 60 and 13 mile routes to run sweep. She will be wearing a YELLOW vest and clear only the half-metric and metric routes. We also have a separate clearance motorcyclist (Mr. Ed Wehner from last year) who will clear the Gravel route. The event coordinator will coordinate with Andy/Net Control and Frank for the logistics on this matter, **including how the sweeps will be marked for visibility** (more to follow via Net Control). We are optimistic this will be the best year yet to clear the volunteers along the course in a timely manner. When you are cleared to secure your post because riders are past your station, you will call Net Control to inform HQ that the course is clear to your position and you may then request to demobilize from your position.

We have WW Route Hosts at the following locations to ensure no bike rider misses their turn. Romeo 10 and Route Host #1 at the Zulla Road and John Marshall Highway 55 crossing along with a Police Officer, Route Host #2 at the John Marshall Highway 55 right turn onto Bunker Hill for the half-metric along with Romeo 13, Route Host #3 in The Plains at the corner of Main Street and Fauquier Road with Romeo 8 and also Route Host #4 on the 13 Mile course at Mountain Drive and Berkley Road going to the Evergreen Rest Stop with Romeo 2. We also have Romeo 14 where Bunker Hill rejoins John Marshall Hwy (route 55).

All routes will be marked with direction arrows the day before and the morning of the event, a route review will ensure route markings are in place. Route markings will be in COLOR that indicates the route and bib colors for the route. Read the accompanying Road Marking Conventions document to see how routes will be marked.

Routes are color-coded on the rider bibs as follows:

58 Mile "Century" Ride

**ORANGE** 

30 Mile "Half-Century" Ride LIME GREEN

13 Mile "Honor the Flag" Ride YELLOW

Gravel Route PURPLE

The bibs will be worn on the BACK of the rider's jerseys to allow for a maximum viewability.

In the event of any incidences on the course, ranging from injuries to mechanical problems with bicycles where the rider needs to request assistance, you will be calling Net Control to report the situation and report the circumstances of the event. The Brewery will have SAG (Stragglers & Gear) support where a vehicle can be dispatched to come and pick up a rider to either bring the rider back to the Brewery or to the nearest Rest Stop, where there will be bicycle mechanics that can assist with a flat time or any basic wrenching/repairs. There may also be a SAG vehicle at each of the three rest stops.

There will be TWO primary telephone numbers for support at the Brewery. One number will be for Non-Emergency Mechanical SAG support and the second number for Emergency EMS/Medical support. These numbers are listed under Communications and again at the end of the document and every rider will have a bib that will list these two numbers.

If you observe or are made aware of an EMS/MEDICAL incident – we will call in via radio to Net Control or cell phone to the dedicated medical emergency number. We will not call 911 except as a last resort as we have dedicated EMS emergency support pre-staged on the course.

ALL EMS/MEDICAL support will be dispatched via the Brewery. If you encounter an incident or need for medical support, we will have EMS Transport Units stationed at the three Rest Stops and at the Brewery HQ. These stops will have an EMT transport vehicle as well as medical tent staffed with licensed practitioners. HAM operators will be present at each rest stop. If a Ham Radio operator is the one who observes or is notified of the need for EMS, call in to Net Control/EMS and Net Control will notify EMS at the brewery who will dispatch the closest unit. If a Road Host or other volunteer observer identifies the need to EMS, they will call the Brewery EMS number and The Brewery EMS team will dispatch a unit and Net Control will notify all operators of an event. Road hosts, where paired with a HAM operator, will use the HAM operator to radio in any emergencies. If road hosts, are not paired with HAM, then they are to call in via the cell phone number provided for Emergency Medical Line (HQ Med Tent/Dispatch).

In the event that a cyclist has a minor accident that does not require emergency medical care, central command Net Control is still to be contacted using the means as mentioned above. SAG support will be dispatched to the rider if needed/requested. The cyclist will be taken to the nearest rest stop for first aid treatment and/or mechanical support for his/her bike. In the event a cyclist cannot continue the course, SAG support will be dispatched to pick up the rider and bike to bring back to HQ

If you are unable to reach Net Control via radio, call the Brewery Emergency Medical Line (HQ Med Tent/Dispatch) number **571-279-0388**. If neither of those two communications methods are an option, call 911.

All incidents of any sort that necessitate calling for EMS or SAG support to pickup a cyclist need to be documented. An incident report form is included with this Operations Plan to help you understand how to document an incident. Take good notes, so that you can fill in the details and turn in the report at the end of the event. The incident form is provided to either be printed or a computer fillable PDF form is also available.

Remember to get oriented and know your exact location (with cross streets or landmarks, mile markers, etc.) and know where your nearest ham radio operator locations are before and after your location. Providing good directions is critical.

# **Parking**

This event consisting of all three bike routes overlapping on the same road courses for an outbound and return style course is an event with traffic and NO ROAD CLOSURES. Everyone will need to adhere to all traffic laws and road safety. As you arrive at your assigned locations, you will need to ensure that you pull your vehicle off the road and park in a safe manner so as to not obstruct traffic. This will vary from location to location. For those who will need to operate their 50-watt mobile radios from your vehicle, you will need to position yourselves so as to allow yourself access to the radio while being able to observe the course and the riders. In many cases, your 5-watt handheld radios will reach the Bluemont repeater if you are not in the shadow of a metal building or other metal shielding you from the repeater access.

# **Equipment**

This is a mobile event, and depending on your location, you will want all 50 watts. Due to the needs at Start/Stop (HQ), Net Control will have an antenna on a tripod mast some 20 – 30 feet in the air.

We will be LINKING the Bluemont repeater and the W4OVH 2M repeater for the duration of this event. This linking does not add any increased RF capability to either repeater. What it does is make the two repeaters work as if they are one. Only one person can talk at a time in the combined coverage area, as would be the case if a single repeater covered the entire area. It is possible that there may be a slight difference in timing in the two repeaters, so at the end of your transmissions, it is advised that if you hear an echo at the end of your transmission, you can eliminate this effect by waiting one second before releasing your PTT button after you stop talking.

In many locations, a 5-watt hand-held radio will suffice if you are able to have a clear direction to the Bluemont repeater, but **BE PREPARED** to use your mobile radio if necessary. Tactical call sign Romeo 3, Romeo 4, and Romeo 5 will now be able to use a 50-watt mobile on the W4OVH repeater that is LINKED to the Bluemont repeater for the event to communicate and should not have any issues communicating. All positions above the Aldie rest stop will likely be able to use handheld radios but "be prepared". Positions along Mountain Road and New Mountain Road will need to use their 50-watt mobile radios on the W4OVH repeater for good reception.

A head-set may be advantageous in a Rest Stop environment where there may be many personnel and potentially music.

APRS equipment \*MAY\* be in use/testing, so turn on beacons if you have the capability. We will also have APRS trackers in use, so you can see a tactical picture if you use your cell phone and go to <a href="https://aprs.fi">https://aprs.fi</a>. We will track some of the lead Nam Knights motorcyclists and everyone else who activates APRS beacons. APRS will use the standard frequency 144.390. Paths should be no longer than "WIDE1–1". You can see the APRS beacons at https://aprs.fi

Dress for the weather – this is a GO in all weather except potential lightning. HQ would make a call on potential weather interference. Everyone needs to wear a yellow safety vest while operating. If you do not have a safety vest, we have extras. Please let me know and I can provide you a safety vest the morning of the event at the brewery.

## **Communications**

Primary Frequency: 147.300 MHz downlink; +0.6 MHz Offset; Tone 146.2, Call Sign WA4TSC

Linked Repeater: 146.970 MHz downlink; -0.6 MHz Offset; Call Sign W4OVH

Simplex: 147.525 MHz (PWCARES #1)

APRS Beaconing: 144.390 (OPTIONAL) Paths should be set to WIDE 1-1 or WIDE 2-1

Cell Phones: A list of all Ham Operators and their Cell numbers is part of the ASSIGNMENT roster above.

Emergency Medical Line (HQ Med Tent/Dispatch): 571-279-0388

Non-Emergency/SAG Support Line: 202-924-2971

# **Other Information**

We will also have a Ham Radio Fire Department operator Frank Smith, KT4LN at START/STOP – Med Dispatch who will participate in our communications. Frank Smith, KT4LN - 703-447-6121.

# **Media Relations**

Any questions asked by the public or the media, are to be directed to the Race Officials or our Ham Radio Public Information Officer (PIO) Thomas Fournier Jr, call sign W4PIO. Contact me if you are being asked for information regarding the event and I will put the persons asking in contact with the Serve Our Willing Warriors event officials.

**External Documents** Please read and be aware of the additional documentation for this event. These are for your situational awareness. Please make several copies of the Warrior Ride Incident Report. I will also have copies at Net Control that you can take on the course with you as you head out.

Warrior Ride Incident Report (Print Version) – Attached to Operational Plan email Warrior Ride Incident Report (Computer Fillable Version) – Attached to Operational Plan email

# Maps/Locations

Please familiarize yourself with these maps and your respective positions.

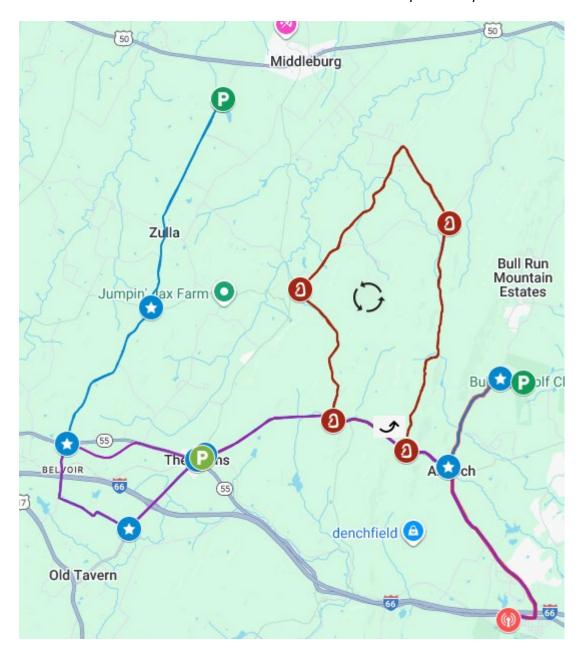
The full course map of all locations and routes is online at the link below. Note that various layers can be turned ON and OFF to display various routes and Ham Operator positions.

https://www.google.com/maps/d/edit?mid=19SiCCc1E1CGpb2gFBTUdVKNoP\_dHR6w&usp=sharing

Note – I am including snapshots of the maps below, however you can use the Google Maps link I have above and zoom in and see much more details on the Google Maps.

## Maps continue on next six pages...

OVERVIEW OF ALL ROUTES WITH THE RETURN OF THE 60 MILE GOING TO EVERGREEN FOR THE LAST LEG.

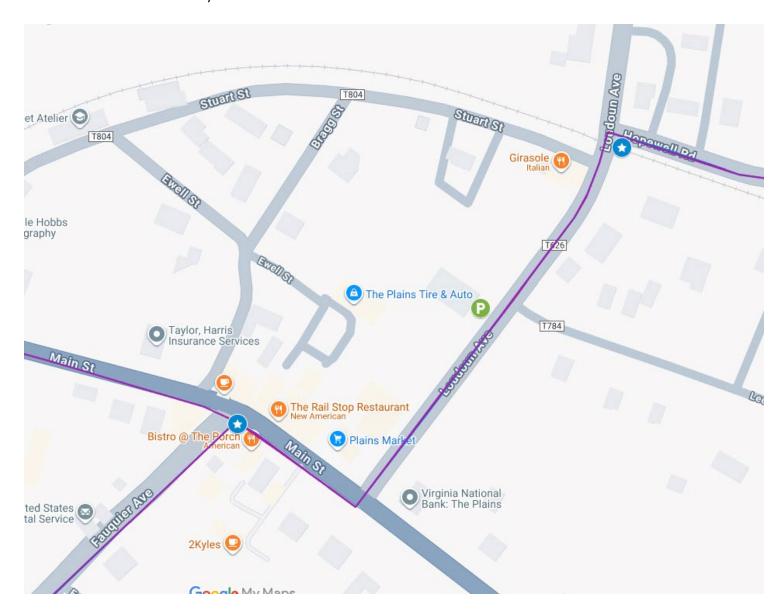


REST STOP #1 – The 13 Mile Rest Stop at Evergreen Country Club. The 60 mile route will RETURN FROM The Plains and then head up Mountain Road in order to do a final leg turn-around at Evergreen before heading back to the Brewery.

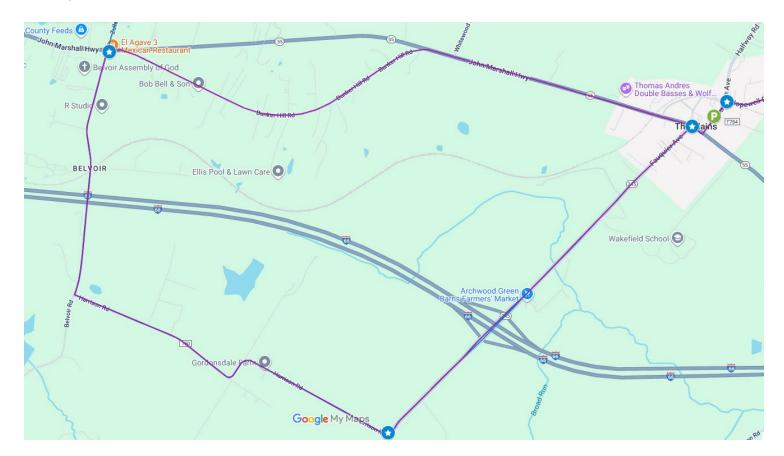
SOWW 2025 Bike Ride Ham Radio Operator Operational Plan V1.2



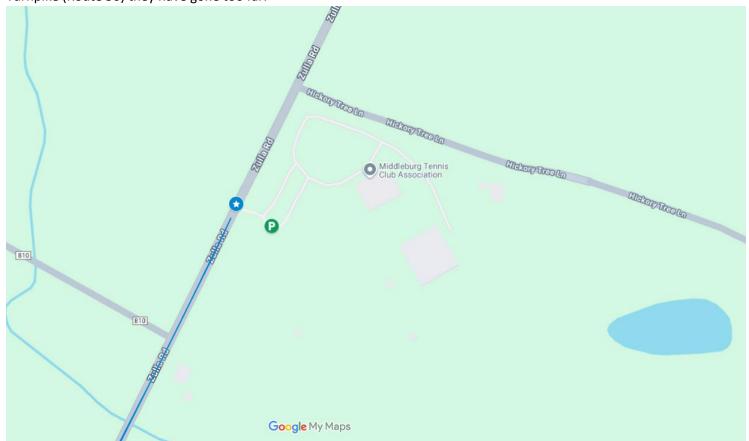
The 30 and 60 mile courses pass by the Rest Stop (denoted by a GREEN P) on the map both on their outgoing and return rides back towards the Brewery.



The "Half Century" ride is approximately 30 miles and goes through The Plains, down Fauquier Road, across Harrison Rd, up Belvoir Rd, the right on John Marshall Highway (Route 55), the **BEARS RIGHT** on Bunker Hill Rd, connects back to John Marshall Highway (Route 55) and heads back to The Plains, where it then traces its way back the way it came back to the Brewery.

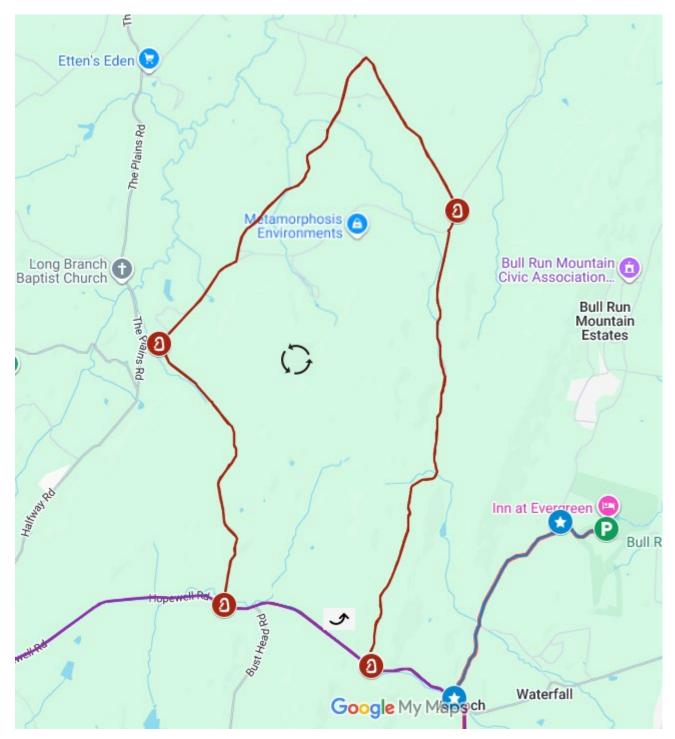


REST STOP #2 – This is the TURN AROUND on Zulla Road at the Middleburg Tennis Club. If anyone reaches Little River Turnpike (Route 50) they have gone too far.



#### **Gravel Route**

NOTE – the Gravel Route will ONLY have a Ham Radio Operator at the beginning/Rest Stop (Romeo 3) of the Gravel Route, at Bull Run Mnt Rd & Landmark School Rd, Romeo 4, and where the route loop returns to Hopewell Road (Romeo 5).



# Locations Table with Tactical Call Signs and Intersection Reference

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End of Document-----